

patient, owing to his difficulty in swallowing, and the throat should be sprayed frequently.

Patient is isolated, and all discharge from nose and throat must be burned.

Child must be kept lying down in bed. Fomentations or ice applied to affected part of the spine. Affected limb or limbs should be wrapped in cotton-wool; great care must be taken to prevent the weight of the bedclothes from pressing the feet into a position of extension, which may become fixed by the paralysis of the leg muscles, therefore the bed-clothes must be cradled to prevent all pressure. Affected muscles must be kept relaxed. Warmth of the affected limbs is most essential.

Great care should be taken in the use of hot-water bottles, as in these cases a burn may be very easily produced without the patient knowing it.

Sometimes surgical operations (tendon grafting) are of benefit, and sometimes mechanical supports can be devised to enable the patient to get about.

Convalescence may last two years.

Child needs plenty of fresh air and good, nourishing diet-tonics.

Special exercises and spinal splints to prevent deformities.

HONOURABLE MENTION.

The following competitors receive honourable mention:—Miss Henrietta Ballard, Miss Rachel Dodd, Miss S. A. Myers, Miss M. James.

Miss Henrietta Ballard writes:—Acute poliomyelitis, or infantile paralysis, is an acute infectious disease which occurs sporadically or in epidemics, and usually is more common in children under six years of age; it produces morbid changes in the lower efferent neurons, which, unless patiently treated for a long period, may result in much deformity of limbs.

The acute stage is very infectious, and patient must be isolated, and all utensils and linen used by him disinfected, and all discharges, especially of mouth and nose, treated with rigid disinfection or burnt, gauze or rags being used for handkerchiefs. The patient must be nursed in the recumbent position, and a water-bed will be necessary. He must be given absolute rest, and treated on much the same lines as an enteric patient. A fluid nourishing diet must be given.

QUESTION FOR NEXT WEEK.

What is the importance of diet in a case of (1) diabetes; (2) valvular disease of the heart? Give a suggested menu for one day in each case.

NURSING ECHOES.

Many thanks, dear old friends, for "little bits of sugar." Kind letters, telegrams, flowers, and medicine. The latter, a nerve tonic, proved most efficacious, as we enjoyed a real hearty laugh when the box was opened, and shall, if we need it, certainly have recourse to a dose. Just at present pulse, temperature, appetite, and sleep are normal, and we feel sure they will remain so.

The generosity of the Independent Candidates and their friends has been boundless, and Miss M. Breay, who has been kindly acting as Treasurer of the Election Fund, desires to have it made known that the £150 required has all been subscribed.

We feel sure the Candidates—whether successful or not—will desire to express their thanks for this necessary financial support, £50 of which was wasted owing to the disgraceful mismanagement of the Election.

The Male, Mental, Sick Children's, and Fever Nurses electorates will, we feel sure, wish to unite with their representatives in thanking their colleagues, who made it possible by their generosity to pay all the expenses of the Election, and thus demonstrate once more the principle of professional self-support.

The War Office announces that the medals of over 20,000 officers and nurses who served overseas during the war are still undistributed. In many cases the medals have been despatched to the recipients, but have been returned through the post, owing to non-delivery due to change of address. Ex-officers and nurses or their legatees or next-of-kin, who have not yet received their medals, should make early application to the Secretary, War Office.

The Matron-in-Chief, Territorial Army Nursing Service, would like to remind all members of the T.A.N.S. who have not already sent in their Parchment this year to their Principal Matrons, to do so at the earliest opportunity.

The Social Gathering at the Mansion House on Friday, February 2nd, of the City of London Branch of the Royal Society of St. George was a remarkably pretty function. The Lord Mayor is President of the Branch, and Major Richard Rigg, T.D., O.B.E., J.P. (Chairman of the London Temperance Hospital), Chairman of the Executive Council.

The guests were received by the Lord Mayor and the Lady Mayoress, and a picturesque

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